



> Hunter Balint Group

The Balint Group is an informal meeting space where a small group of GPs can discuss difficult situations with peers.

WHEN Starts: Thursday, July 18th 2024 at 6:50 PM
Ends: Sunday, November 17th 2024 at 9:00 PM

WHERE Online

COST \$150.00



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and [registration details](#)

The newly established Newcastle General Practitioners Balint Group is facilitated by two local GPs who have recently undertaken the PHN supported Balint Leadership Training. A Balint group is a group of GPs who meet regularly and discuss clinical cases. The focus is on the psychological aspects of their practice, and particularly the doctor-patient relationship. The group is a supportive setting in which doctors can explore the human side of their work, adding a fresh dimension, learning new skills and avoiding burn-out. Please [click here](#) for more information.

The Newcastle General Practitioners Balint Group is an informal meeting space where a small group of GPs can discuss difficult situations with peers. This model is unique to other GP peer group learning sessions and practised by GPs throughout the world.

Learning Outcomes:

- Identify the importance of the doctor patient relationship and how it can impede or improve the therapeutic outcome for the patient.
- Distinguish how doctor, patient interactions can enhance or detract from the doctor's wellbeing.
- Actively engage in GP peer reflection and support.

LEADERS Dr Susie Long and Dr Miriam Paquet

WHO: GPs & GP Registrars

WHEN: Thursday 18th July 2024 (then 3rd Thursday of each month until June 2024)

TIME: 6.50pm arrival for a 7.00pm start (8.30pm finish)

COST: \$30 per session paid per term (i.e., \$150 for a 5 session term).

WHERE: Online via MS Teams portal

One of the leaders will contact you to discuss the process. Note participants will be limited to 12.

ENQUIRIES: Dr Susie Long - susiel@blackbuttdoctors.com.au or Dr Miriam Paquet - mimine345@gmail.com