

2021 Wellbeing Weekend

WHEN Saturday, April 10th 2021
10:00 AM – 9:30 PM

WHERE Australia

COST From \$225

Spend mindful and enjoyable time with other GPs at our first face-to-face event since the onset of the COVID-19 pandemic, Wellbeing Weekend at Novotel Beach Newcastle on Saturday and Sunday 10–11 April.

Designed and led by doctors, the weekend is designed to recharge your batteries after what has been a very difficult time for so many. Saturday's practical sessions are designed to inspire you to make time for your health and wellbeing, and help you develop the skills you need to do it. Sunday is free for you to enjoy beautiful Newcastle and relax at the beach right outside the venue.



Scan for [more information](#)
and [registration details](#)