

An interdisciplinary approach to perinatal anxiety and depression

WHEN Starts: Thursday, May 12th 2022 at 7:00 PM
Ends: Tuesday, April 12th 2022 at 8:30 PM

WHERE Online

COST Free

Register now to join Dr. Nicole Hall (General Practitioner), Dr. Nicole Highet (Psychologist), Nia Ellis (Mother with lived experience), Rosemarie Vary (Enhanced Maternal Child Health Nurse) for a facilitated discussion of a case study, facilitated by Prof. Stephen Trumble (General Practitioner). Attend to hear the panel of experts explore how health professionals can better identify symptoms of perinatal anxiety and depression and provide enhanced care for women at risk.

Through an exploration of perinatal anxiety and depression the webinar will provide participants with the opportunity to:

- Discuss biological, social and environmental factors that increase the risk of developing perinatal anxiety and depression, including associated stigma.
- Appraise screening, identification, assessment and diagnosis of perinatal anxiety and depression.
- Evaluate the recommended therapeutic approaches that have proven successful in the treatment of perinatal anxiety and depression.
- Outline the importance of collaboration and appropriate referrals when providing care to women living experiencing and living with perinatal anxiety and depression.



Scan for [more information](#)
and [registration details](#)

- Read the [case study](#) on which the discussion will be based.
- Learn more about [the panel](#).

To register for this and all future webinars, you need to create a free account on MHPN's Portal. Already have an account? Simply log in to register.