

# Assisting people living with trauma

**WHEN** Thursday, February 17th 2022  
2:00 PM - 3:00 PM

**WHERE** Online

**COST** Free

Quest for Life provides a safe and nurturing environment in which people feel accepted, deeply heard and supported. Participants learn to reclaim their peace through an understanding of neuroplasticity and epigenetics and are provided with a wealth of practical skills, strategies and education to make an enduring peace, their goal."



Scan for [more information](#)  
and [registration details](#)