

Australasian Nutrition in Healthcare Conference

WHEN Starts: Friday, February 17th 2023 at 5:00 PM
Ends: Sunday, February 19th 2023 at 5:30 PM

WHERE Australia

COST From \$380 for an early bird student pass to \$1,085 for a standard rate full conference in-person pass. Virtual attendance options are also available.



Scan for [more information](#)
and [registration details](#)

In February 2023, health promotion charity Doctors For Nutrition will host the Australasian Nutrition in Healthcare Conference (NIHC). It will provide everyone from general practitioners, medical specialists and healthcare students, through to those simply interested in exploring the diet/disease relationship, the opportunity to expand their nutrition expertise. NIHC will see some of the biggest names in whole food plant-based nutrition and healthcare arrive in Melbourne to present their indispensable knowledge and research. More than 20 medical and dietetic expert speakers will showcase both the long-established and the latest research on whole food plant-based nutrition.

Hear from Dr Dean Sherzai, Dr Ayesha Sherzai, Dr Alan Desmond, Dr Gemma Newman, the list goes on. You'll learn about the role of diet in the prevention, management and reversal of numerous chronic disease conditions. Topics to be covered include; brain health, gut health, heart health, hormonal health, skin conditions, cancer, type 2 diabetes, weight management, food systems and the environment.

Registrations are now open, visit the website to find out more. This is a hybrid conference with in-person and virtual attendance options.

Note: Formal CPD recognition has been obtained from the Royal Australian College of GPs and the Australian College of Rural and Remote Medicine for this event.