

Central Coast Local Health District Psychology Department Professional Development Day



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WHEN Thursday, November 16th 2023
9:00 AM - 4:30 PM

WHERE Australia

COST \$30 for the whole day, plus small EventBrite booking fee.
This includes morning tea.

The CCLHD Psychology Department will be holding their annual Professional Development Day for 2023 during Psychology Week on Thursday 16 November 9 am till 4.30 pm (in-person at the Auditorium, Gosford Hospital). The theme of the day is: "A Practice Update: Core Skills across the Life Span." Although the event is targeted at psychologists, this event is open to all health professionals. The cost to attend the day is \$30 (plus booking fee). Registrations must be completed online and full details of the day can be found on the Eventbrite registration page.

Topics and speakers for the day include:

1. Ms Amanda Gamble (Clinical Psychologist): "Adolescent Sleep: The Perfect Storm." (Ms Gamble will be presenting online, but the audience is required to attend in-person at the Auditorium at Gosford Hospital).

2. Dr Ben Britton (Principal Psychologist, NHELHD, NSW Health):
“Leading Health Behaviour Change: Helping other clinicians think like a psychologist.” (Dr Britton will be presenting in-person).

3. Professor Ron Rapee (School of Behavioural Sciences, Macquarie University): “An overview of current treatments and developments in the management of child and adolescent anxiety disorders.” (Prof Rapee will be presenting in-person).

4. Small group presentations by CCLHD Psychologists (topics and sign-up sheets available at registration desk on the day).

Please note that in-person attendance is required for this event and ticket sales are limited to 60 participants. Please register early to secure your place. Any questions can be emailed to: CCLHD-PsychologyEducationTraining@health.nsw.gov.au