

# Dealing with Patients in Distress: for GP's & doctors

**WHEN** Friday, May 24th 2024  
6:00 PM – 7:00 PM

**WHERE** Online

**COST** Free

In this webinar you will learn 4 fast & practical skills to help patients in distress de-escalate & calm their nervous system.

Based in dialectical behavioural therapy (DBT) these skills have been shown in trials to be highly effective & easy to teach. Essential for any GP or doctor's tool kit!



Scan for [more information](#)  
and [registration details](#)