

Empowering Carers in Health

WHEN Monday, October 11th 2021
11:00 AM - 12:00 PM

WHERE Online

COST Free

Guest speaker, Dr Sian White, joins us from the Carer Support Unit and Carers Retreat at Gosford Hospital on behalf of NSW Health for an engaging and interactive session. She shares how to navigate supports and feel empowered when accessing health services as well as provides an introduction to the Top 5 and more.



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