

Evidence Based Practice Webinar | Anxiety and Alcohol Use: What Clinicians Need to Know

WHEN Monday, May 17th 2021
12:00 PM – 1:00 PM

WHERE Online

COST Free



Scan for [more information](#)
and [registration details](#)

This webinar will lead to:

- An understanding of typical patterns and issues relevant to the management of anxiety and alcohol use disorder comorbidity;
- Introduction to an integrated cognitive behaviour therapy program that improves outcomes by concurrently addressing anxiety, alcohol use and the connections between them;
- Awareness of the developmental links between anxiety and alcohol use, including strategies to prevent the development of alcohol use disorders among anxious young people.