

# Expert Insights: Exposure Therapy in Childhood Anxiety Disorders

**WHEN** Wednesday, May 25th 2022  
6:00 PM – 7:00 PM

**WHERE** Online

**COST** Free

Exposure therapy is a core component of treatment in childhood anxiety disorders. However, research findings suggest that most clinicians in the real-world (not part of research clinics) do not use it in treatment. This podcast addresses the efficacy of exposure therapy in children with anxiety disorders and the barriers to implementation in everyday clinical practice. Moreover, the panel will also introduce strategies for effective delivery of this gold standard treatment to children, families, and schools.



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