

# Expert Insights: Partners, not Competitors: The Integration of Clinician Expertise with Online Programs



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**WHEN** Wednesday, October 27th 2021  
6:00 PM - 7:00 PM

**WHERE** Online

**COST** Free

Will the future of psychological therapy combine the best of digital interventions with clinician expertise? A growing body of evidence in this space indicates that when used well, digital interventions in conjunction with therapy can enhance patient progress and maintain treatment momentum between sessions.

This Expert Insight's session will explore the benefits of this latest innovation and the research underway for mental health challenges that may be especially suited to a blended approach (e.g., social anxiety).