

# GP Self-Care, Managing Stress, Avoiding Compassion Fatigue, and Burnout



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and [registration details](#)

**WHEN** Wednesday, October 11th 2023  
5:30 PM - 8:30 PM

**WHERE** Online

**COST** \$395pp, Group Practice Event prices can be negotiated  
with PHNs and GP Practices, Multiple Ticket discounts

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and Burnout

Designed to support GPs to support patients in sustainable ways.

Facilitated by qualified and experienced allied health professionals, including psychologists and mental health social workers. Attendees will learn from subject matter experts to expand their knowledge around self-care, managing stress, avoiding compassion fatigue, and burnout.

Several workshop dates are available in October and November.