

# Managing Wellbeing and Recognising Vicarious Trauma

**WHEN** Friday, December 10th 2021  
9:00 AM – 4:30 PM

**WHERE** Online

**COST** \$320 to \$350 (dependent on how many people are on your booking)



Scan for [more information](#)  
and [registration details](#)

This training program explores the nature, dynamics and risks of vicarious trauma and supports you to stay healthy and safe in your work. This training, informed by current research, will provide you with the knowledge, skills and tools to better recognise the early signs of various stress outcomes. It offers a range of organisational, interpersonal and personal strategies to address the risks of Vicarious Trauma and its impacts, and foster possibilities for post-traumatic growth and vicarious resilience.