

# Men's mental health and wellbeing - Mental Health Professionals' Network

**WHEN** Tuesday, March 30th 2021  
7:00 PM - 8:30 PM

**WHERE** Online

**COST** Free



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and [registration details](#)

Men are three times more likely than women to take their own lives. Despite this, men are generally less likely to access health services, so it is important that when they do they receive the help they need. Depression is a significant factor in suicide for men however it is more commonly linked to life events such as financial uncertainty, relationship breakdown and bereavement. Join this webinar and learn to better identify associations, comorbidities and patterns of treatment-seeking behaviour of men who are experiencing difficulties with their mental health.

Our panel of experts will discuss strategies for providing care to these men and they will also demonstrate the importance of collaboration and appropriate referrals when supporting men's mental health and wellbeing.