

# Mental Health Reimagined - International Online Summit

**WHEN** Starts: Friday, March 4th 2022 at 5:00 PM  
Ends: Saturday, March 5th 2022 at 5:00 PM

**WHERE** Online

**COST** \$198

Be part of the movement promoting lifestyle intervention as a first-line treatment for mental health at Mental Health Reimagined. You will learn how to support your patients/clients with the lifestyle changes needed to improve their mental health and chronic disease, including key elements of Lifestyle Medicine such as promoting physical activity, reducing alcohol consumption, smoking cessation, improving sleep and reducing stress.



Scan for [more information](#)  
and [registration details](#)