

# Multiple health behaviour change: perspectives from the field

**WHEN** Tuesday, November 23rd 2021  
1:00 PM – 2:00 PM

**WHERE** Online

**COST** Free

By the end of this webinar, attendees will be able to: - Understand the relationship between substance use, mental health and physical comorbidity; - Understand the challenges and opportunities services face when implementing evidence into practice across the domains of mental, substance use, and physical health comorbidities; - Identify key opportunities within their own practice setting to integrate treatments for mental, substance use, and physical health comorbidities. About the presenters: Professor Frances Kay-Lambkin is a registered Psychologist and mental health researcher. She holds a number of concurrent leadership roles including interim Pro Vice-Chancellor Research and Innovation at the University of Newcastle and Director for the NHMRC Centre for Research Excellence (PREMISE). Professor Kay-Lambkin's extensive research program focuses on the transformative impact of digital health technologies and integrated treatment for people with mental health and substance use conditions. Dr. Adrian Dunlop is Director and Senior Staff Specialist for Hunter New England Local Health District Drug & Alcohol Clinical Services; Conjoint Professor at the School of Medicine and Public Health (Faculty of Health, University of Newcastle); Honorary Medical Officer (Addiction Medicine, Justice Health and Forensic Mental Health Network); and consultant to the Drug & Alcohol Specialist Advisory Service (DASAS) at St Vincent's Local Health Network. Adrian has 25 years-experience in the drug and



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alcohol field, over \$34 million in research funding (including 12 NHMRC funded grants) and over 270 publications. Dr. Lawrence Dadd is a Senior Staff Specialist in mental health and substance use at Hunter New England LHD and has extensive experience in Indigenous community outreach his roles with AWABAKAL Aboriginal Medical Service and the Wollotuka Institute at the University of Newcastle.