

# Navigating Conversations about Weight within a Healthy Body Positive Framework

**WHEN** Thursday, June 29th 2023  
6:30 PM – 8:30 PM

**WHERE** Online

**COST** \$77.00 for non HPMI members

Presenters: DR JANE WATSON, Senior Dietitian, Ethos Health, Wickham;  
MELISSA WEISMANTEL, Clinical Psychologist, Denison Practice,  
Hamilton



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What stops you from having a conversation with people about weight?

Approaching discussions about weight with sensitivity.

Prioritising safety and efficacy

Creating a supportive environment