

No Scaredy Cats[™] for Child & Family Specialists

WHEN Wednesday, November 9th 2022

8:30 AM - 4:00 PM

WHERE Online

COST 20% discount for 2 or more registrants



Scan for <u>more information</u> and <u>registration details</u>

The No Scaredy Cats™ course is based on three underlying perspectives: first, by having an understanding of how anxiety develops, community and family support workers can assist parents to counter its progress in children. Second, community and family support workers can assist parents to take a preventative role in the development of anxiety problems in 2-12-year-olds. Third, there are practical steps parents can take to develop resilience thinking skills in 2-12-year-olds.