

Obesity prevention in early childhood from pre-conception to 4 months

WHEN Wednesday, November 16th 2022
7:00 PM – 8:30 PM

WHERE Online

COST Free

This 1.5 hour webinar will be facilitated by specialist GP Ranessa Sebastian and Nurse educator Karen Willcocks. You will be able to identify the evidence-based health promotion and obesity prevention messages for the preconception period, pregnancy and for infants up to four months of age. You will also discuss key elements of responsive feeding practices for breastfeeding and bottle feeding.



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and [registration details](#)