

Online Workshop for Practitioners and Health Professionals: Peace in Practice with Petrea King

WHEN Thursday, August 19th 2021

3:00 PM - 7:00 PM

WHERE Online

COST \$75.00, 4 hour program, offering CPE points.

A dynamic program designed to increase the compassion, skill, capacities, and knowledge of health professionals working in private practice or in public settings:

Facilitated by Petrea King, Peace in Practice focuses on your health and wellbeing, as well as increasing your skill, knowledge, and the foundational principles upon which you work, whether in a hospital, clinic, or other environment.

Topics include

- 4 qualities for peace and resilience as a basis for understanding self and work
- Communication tools for difficult circumstances
- Mindfulness as a foundation for professional and personal life



Scan for <u>more information</u> and <u>registration</u> details