

# Palliative Care Community Awareness Event

Interested members of the public are welcome to join us for a morning of short presentations from a range of palliative care professionals as well as information trade stalls.

**WHEN** Thursday, May 23rd 2024  
9:00 AM - 12:00 PM

**WHERE** Kahibah Sports Club,  
63 Kenibea Ave  
Kahibah NSW 2290  
Australia  
[View Map](#)

**COST** Free



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This National Palliative Care Week, the Hunter New England and Central Coast Primary Health Network are proud to host a FREE community awareness and education event.

Interested members of the public are welcome to join us for a morning of short presentations from a range of palliative care professionals as well as information trade stalls. This event is suitable for people with a life-limiting condition, carers, family, friends, and any community members who would like to learn more about palliative and end-of-life care and the care options available in our region.

Speakers and stall holders will include palliative care and other professionals from a number of organisations including Hunter New England Local Health District, Carers NSW, Palliative Care NSW, BaptistCare NSW/ACT, Services Australia, Hunter Cancer Hub, Beam Services, the Primary Health Network and more.

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*Palliative care helps people live as fully and as comfortably as possible following the diagnosis of a life-limiting, chronic or terminal illness. Palliative care is person-centred care to support people's quality of life as a result of effective pain and*

*symptom management, and holistic assessment of physical, psychological, social, emotional and spiritual needs including support for family and carers.*

Australians have a great attitude to life; we want to bring that same openness and curiosity to how we approach end of life and National Palliative Care Week gives us a chance to explore the thinking and conversations that go with it.

A range of topics will be covered on the day including:

- What is Palliative Care? What is End-of-Life Care? Is there a difference?
- Breaking common misconceptions about Palliative Care
- The importance of Advance Care Planning
- Grief and Bereavement Support
- Carer Support Options
- Palliative Care services in our region
- A Carer sharing their story of their palliative care journey

The event is being held at Kahibah Sports Club, Kahibah from 9:00am – 12:00pm with a **limited number of tickets available**. Register yourself and others today by clicking on the REGISTER NOW link below.

A light morning tea and tea and coffee will be provided.

For more information please contact the PHN Education Team via email [education@thephn.com.au](mailto:education@thephn.com.au) or phone 1300 859 028

We look forward to seeing you there!

**REGISTER NOW**

Kahibah Sports Club

Visit the [Kahibah Sports Club website](#) for information regarding parking and accessibility.

