

# Risky Clients: The Essential Toolkit

**WHEN** Monday, June 24th 2024  
9:30 AM – 4:00 PM

**WHERE** Australia

**COST** \$397 event ticket- includes catered lunch

A highly practical 1-day workshop for helping professionals working with risky & complex mental health presentations (adults & teens). Learn evidence-based approaches to get better outcomes for your risky clients, based on dialectical behavioural therapy. Topics: \*

- Understanding complex & risky presentations
- \* The Distress Tolerance Curve
- \* Identifying the role of risky behaviours & increasing awareness for clients
- \* Practical skills to help clients manage times of emotional crisis & distress
- \* The vital role of attunement & validation
- \* Developing collaborative & effective safety plans that actually work



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and [registration details](#)