

Shared decision making in mental health treatment: what clinicians need to know

WHEN Thursday, October 21st 2021
12:00 PM - 1:00 PM

WHERE Online

COST Free



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By the end of this webinar, attendees will be able to:

- Identify the key rationale for and components of shared decision-making in clinical practice
- Articulate the potential benefits of shared decision-making for mental health populations, including those with co-occurring alcohol and other drug use conditions
- Understand ways of facilitating shared decision-making in practice, including via the use of decision-aids.

About the presenter:

Dr. Alana Fisher is a Research Fellow based in the eCentre Clinic, where she leads a program of research on the use of shared decision-making and decision-support tools to improve consumer uptake of and engagement with digital mental health treatments for depression and anxiety. Alana's research focuses on enhancing our understanding and delivery of mental healthcare consistent with the best available evidence, as well as individual preferences, goals, and needs.

