

# Signs of the Times: Latest on Mental Health in the New Normal

**WHEN** Tuesday, February 23rd 2021  
7:00 PM - 8:30 PM

**WHERE** Online

**COST** Free



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A leading panel of psychiatry experts explores the latest on telepsychiatry, depression and sleep in the age of the pandemic. The key topics include the role of telepsychiatry, how to choose optimal anti-depressant pharmacotherapy, and the impact of COVID-19 on sleep.