

The Foundation of Wellbeing and Resilience at Work

WHEN Wednesday, February 2nd 2022
9:30 AM – 12:30 PM

WHERE Online

COST \$176

This half-day training program is based on the learning principles of Neuroplasticity, to maximise the opportunity for you to build your foundation of well-being and resilience while developing the confidence to know how to support your team's mental health.



Scan for [more information](#)
and [registration details](#)