

The WellMob website - a digital library of SEWB tools for Aboriginal & Torres Strait Islander people

WHEN Thursday, September 16th 2021
4:00 PM - 5:00 PM

WHERE Online

COST Free

This webinar will explore the [WellMob website](#), a project delivered by University Centre for Rural Health staff who work under the national electronic Mental Health in Practice project. Wellmob is a digital library of Indigenous specific SEWB resources that makes it easy for you to find culturally relevant online tools to keep our mob strong in these challenging times.

The seminar will tell you about how best to navigate the website and discuss ways for you to use digital wellbeing tools in your work and with your Aboriginal and Torres Strait Islander clients. The Q & A will allow you to share your insights and discuss your needs in using online resources to maintain the health and wellbeing of our diverse First Nations communities.



Scan for [more information](#)
and [registration details](#)