

Understanding Mental Health

WHEN Starts: Tuesday, July 9th 2024 at 9:00 AM
Ends: Wednesday, July 10th 2024 at 4:00 PM

WHERE Gosford NSW 2250
Australia
[View Map](#)

COST Free



Scan for [more information](#)
and [registration details](#)

An introductory course created with the input of consumers, carers, mental health experts and other stakeholders, including trainers with lived experience, who used their personal insight to inform the content.

This course acknowledges the essential role of the consumer movement in shaping an understanding about mental distress, recovery and moving away from a clinical model.